

## PE Learning Pathway

		Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
Term 1	Real PE Cog: Personal	Coordination: Footwork Static Balance: One Leg					Coordination: Ball Skills Agility: Reaction and Response		
		Games For Understanding	Locomotion/Ball Skills Feet	Real Dance	Swimming	Hockey	Real Dance	Tag Rugby	
Term 2	Real PE Cog: Social	Dynamic Balance to Agility: Jumping and Landing Static Balance: Seated					Dynamic Balance Counter Balance		
		Locomotion: Running	Games for Understanding Attack and Defence	Games for Understanding Attack and Defence	Swimming	Real Dance	Tag Rugby	Hockey	
Term 3	Real PE Cog: Cognitive	Dynamic Balance: On a line Static Balance: Stance			Dynamic Balance Coordination: Ball Skills		Coordination: Footwork Static Balance: Stance		
		Ball Skills Hands	Real Gym Unit 1	Real Gym Unit 2	Real Gym Unit 1	Real Gym Unit 2	Real Gym Unit 1	Real Gym Unit 2	
Term 4	Real PE Cog: Creative	Coordination: Ball Skills Counter Balance: With a partner			Coordination: Sending and Receiving Counter Balance		Static Balance: Floor Work Static Balance: Seated Balance		
		Rackets, Bats, Balls and Balloons	Rackets, Bats and Balls	Balls Skills Hands (2)	Tennis	Cricket	Tennis	Cricket	
Term 5	Real PE Cog: Applying Physical	Coordination: Sending and receiving Agility: Reaction and Response			Agility: Reaction and response Static Balance: Floor Work		Dynamic Balance to Agility: Jumping and Landing Static Balance: One Leg Balance		
		Ball Skills Feet	Ball Skills Hands (1)	Locomotion/Ball Skills Feet	Netball	Athletics	Netball	Athletics	
Term 6	Real PE Cog: Health and Fitness	Agility: Ball Chasing Static Balance: Floor Work			Agility: Ball Chasing Static Balance: Stance		Agility: Ball Chasing Coordination: Sending and Receiving		
		Locomotion: Jumping	Locomotion: Running/Jumping	Locomotion: Jumping	Athletics	Football	Athletics	Football	